

2018 Langley Rams Spring Camp Itinerary

Thursday	MAY 3RD
6:00 PM	Returning Player registration/Gear up
Friday	MAY 4TH
2:00PM	CAMP SET UP
3:00 PM	Player Registration/ Gear UP
5:00 PM	Coaches Meeting
5:30PM	Positional meetings
6:00 PM	Practice #1
8:00 PM	coaches Meeting
Saturday	MAY 5TH
9:00 AM	coaches meeting
9:30AM	Positional Meetings
10:00 AM	practice #2
12:00 PM	Lunch/ Guest Coaches Introductions
1:30PM	Positional meetings
2:00 PM	Practice 3
4:00 PM	Coaches Meeting
7:00 PM	Coaches -Board -Volunteer Social Ocean Park
Sunday	MAY 6TH
10:30 AM	coaches meeting
11:00 AM	Practice 4
12:00 PM	LUNCH
1:00 PM	Kickoff
2:45 PM	Coaches Players meeting
4:00PM	Rams Letter Players- pictures- player pack fitting- equipment sizing